

# JOIN THE COBRAS



## COACH: LYNDEN BANTING

- Saturday Games @ 9am
- No Fees in 2024
- Free Socks & Shorts
- Jumper Supplied
- Country Football - WGFNC
- Football Academy
- Experienced Coach
- Train with our senior squad
- Play the same day as Netball

**Contact Lynden  
for more information:**

**0477 880 686**

*Netball Junior Age Groups:*

*U11, U13, U15 & U17. A,B,C,D GRADES*

**WWW.CORALYNNFC.COM.AU/2024**

# 2024

# U16'S





# U16'S COACH

# 2024

*I have been part of the Cobras for 3 years after playing most of Football at Pakenham. I was the Assistant Coach for under 18s this year in 2023*

*I studied Year 11 & 12 at "The Academy" a programmed created by Alex Rance. Alex and other Ex AFL players also taught classes about teamwork, personal performance, management in sport, nutrition, new drills and coaching different styles. It wasn't all just football we learnt about lifestyles outside of sport like finance, different types jobs we want for our future, communities and culture. I have also have Diploma in Sports Management and Sports Development..*

*I am looking forward to coaching the U16s in 2024 and pass on my experience.*

*If you are interested in joining the U16s in 2024, send the club a message and we can organise time for a chat.*



*Lynden*

# BANTING